

## **INFORMED CONSENT TO CHIROPRACTIC TREATMENT**

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Doctors of chiropractic, medical doctors and physiotherapists who use manual therapy techniques such as spinal adjustments are required to advise patients that there are or may be some risks associated with such treatment. In particular, you should note:

1. While rare, some patients have experienced rib fractures or muscle and ligament sprains or strains following spinal adjustments;
2. There have been reported cases of injury to a vertebral artery following cervical spinal adjustments. Vertebral artery injuries are known to cause stroke, sometimes with serious neurological impairment, and may on rare occasion result in serious injury. The possibility of such injuries resulting from cervical spinal adjustment is extremely remote;
3. There have been rare reported cases of disc injuries following cervical and lumbar spinal adjustment although no scientific study has ever demonstrated such injuries are caused, or may be caused, by spinal adjustments or chiropractic treatment.

Chiropractic treatment, including spinal adjustment, has been the subject of government reports and multi-disciplinary studies conducted over many years, and have been demonstrated to be highly effective treatment for spinal pain, headaches, and other similar symptoms. Chiropractic care contributes to your overall well being. The risk of injuries or complications from chiropractic treatment is substantially lower than that associated with many medical or other treatments, medications, and procedures given for the same symptoms.

I acknowledge I have discussed, or have had the opportunity to discuss, with my chiropractor the nature and purpose of chiropractic treatment in general and my treatment in particular (including spinal adjustment) as well as the contents of this Consent.

I consent to the chiropractic treatments offered or recommended to me by my chiropractor, including spinal adjustment. I intend this consent to apply to all my present and future chiropractic care.

**Dated this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_**

**Patient Signature** (Legal Gaurdian)

**Name:** \_\_\_\_\_  
(please print)

**Witness of Signature**

**Name:** \_\_\_\_\_  
(please print)